

Akashic Records Practitioner Certification Program

with Josephine Hardman, PhD

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ORIENTATION

- Setting powerful intentions for the program
- Standards for the program
- Certification process
- Our mantra: creating safety to receive
- Clearing & opening the third eye

FOUNDATIONS IN THE AKASHIC RECORDS, Part 1

- Akashic Records origins, definitions & recent research
- The 4 Akashic Records principles that will guide your work
- Meeting the Record Keepers
- How to phrase illuminating questions to unlock healing & growth

FOUNDATIONS IN THE AKASHIC RECORDS, Part 2

- Akashic Prayers: Portal & Closing
- Your first 3 openings of the Records (within this program)
- Upgrading your energy system
- Ego mind interference patterns; how to tell the difference between your ego & the Records
- Surrender & trust in the Akashic experience

FINE-TUNING YOUR INTUITION TO RECEIVE ACCURATE INFORMATION

- The 5 Clairs: opening all of your intuitive channels
- Exercise to release resistance, fear, self-doubt, intuitive blocks
- What role do “altered states” of consciousness play in Akashic journeying?
- Developing your own Akashic Records lexicon

READING FOR OTHERS, Part 1

- Ethical considerations in reading for others
- 7 key attitudes to successfully read for others
- Guidelines for opening others’ Records
- Learning & practicing the Akashic Records Healing Protocol

READING FOR OTHERS, Part 2

- Helping clients phrase powerful questions
- How to deal with clients’ health issues
- Managing your energy as an Akashic Records practitioner/healer

PAST LIVES, Part 1

- Dealing with past lives & past life PTSD
- Learning & practicing the Past Life Healing Protocol

- How to deal with clients' past life trauma

PAST LIVES, Part 2

- Getting specific details when giving a past life reading
- Ways of receiving past life information
- Meeting past life allies through the Records

SOUL CONTRACTS

- Key differences between past life contracts/vows, unconscious agreements & soul-level agreements
- How contracts show up in the body and energy field
- Learning & practicing the protocol to revoke outdated contracts & vows

DOING SHADOW WORK THROUGH THE RECORDS

- Identifying clients' primary & secondary shadow archetypes
- Shadows & ego patterns that get triggered in doing spiritual or healing work
- Learning & practicing my four-step shadow work method

ANCESTRAL & FAMILY HEALING

- Family lineage healing
- Healing the root chakra & releasing outdated tribal alliances
- Identifying & revoking ancestral contracts

DOING HEALING WORK WITH CLIENTS, Part 1

- Holding space for others effectively
- Advanced Presence: key qualities to be unconditionally present with clients
- Boundaries and establishing healthy client-reader relationships

DOING HEALING WORK WITH CLIENTS, Part 2

- Working with clients' parts/subpersonalities (psychosynthesis theory & practice)
- The 9 Chakra Sweep: learning a technique to release/shift negative patterns, beliefs, and frozen emotions in clients' energy systems

CATCH-UP / OPEN MEETING

- Catching up on anything we've missed so far
- Ample time for students to ask questions & share experiences/growth

IDENTIFYING & ATTRACTING YOUR SOULMATE CLIENTS

- Establishing standards for clients
- Identifying your "niche" (or zone of genius)
- Important forms to work with clients: intake form, disclaimer form, services policy form
- Visibility strategies to grow your business

PROGRAM CLOSURE

- Coming full circle; final reflections
- Expanded possibilities for working with the Records