

# **Akashic Records Practitioner Certification Program**

with Josephine Hardman, PhD

[www.josephinehardman.com](http://www.josephinehardman.com)

## **ORIENTATION**

- Setting powerful intentions for the program
- Standards for the program
- Certification process
- Our mantra: creating safety to receive
- Clearing & opening the third eye

## **FOUNDATIONS IN THE AKASHIC RECORDS, Part 1**

- Akashic Records origins, definitions & recent research
- The 4 Akashic Records principles that will guide your work
- Meeting the Record Keepers
- How to phrase illuminating questions to unlock healing & growth

## **FOUNDATIONS IN THE AKASHIC RECORDS, Part 2**

- Akashic Prayers: Portal & Closing
- Your first 3 openings of the Records (within this program)
- Upgrading your energy system
- Ego mind interference patterns; how to tell the difference between your ego & the Records
- Surrender & trust in the Akashic experience

## **GROUP SHARE: FIRST 3 OPENINGS**

- Time to share how your first 3 openings went (and hear others' experiences in the Records)
- Time to ask questions about your Akashic journeys so far
- Guided meditation for healing and energetic release of old, stuck patterns

## **FINE-TUNING YOUR INTUITION TO RECEIVE ACCURATE INFORMATION**

- The 5 Clairs: opening all of your intuitive channels
- Exercise to release resistance, fear, self-doubt, intuitive blocks
- What role do "altered states" of consciousness play in Akashic journeying?
- Developing your own Akashic Records lexicon

## **READING FOR OTHERS, Part 1**

- Ethical considerations in reading for others
- 7 key attitudes to successfully read for others
- Guidelines for opening others' Records
- Learning & practicing the Akashic Records Healing Protocol

## **READING FOR OTHERS, Part 2**

- Helping clients phrase powerful questions

- How to deal with clients' health issues
- Managing your energy as an Akashic Records practitioner/healer

### **PAST LIVES, Part 1**

- Dealing with past lives & past life PTSD
- Learning & practicing the Past Life Healing Protocol
- How to deal with clients' past life trauma

### **PAST LIVES, Part 2**

- Getting specific details when giving a past life reading
- Ways of receiving past life information
- Meeting past life allies through the Records

### **SOUL CONTRACTS**

- Key differences between past life contracts/vows, unconscious agreements & soul-level agreements
- How contracts show up in the body and energy field
- Learning & practicing the protocol to revoke outdated contracts & vows

### **DOING SHADOW WORK THROUGH THE RECORDS**

- Identifying clients' primary & secondary shadow archetypes
- Shadows & ego patterns that get triggered in doing spiritual or healing work
- Learning & practicing my four-step shadow work method

### **WAYS OF DELIVERING CLIENT READINGS**

- Week 12 in the program is a bit slower; we'll take a conscious pause to reflect on how far you've come so far
- Delivery options for client readings (in person, phone, Zoom, etc)
- Tips for doing group Akashic Record readings

### **ANCESTRAL & FAMILY HEALING**

- Family lineage healing
- Healing the root chakra & releasing outdated tribal alliances
- Identifying & revoking ancestral contracts

### **DOING HEALING WORK WITH CLIENTS, Part 1**

- Holding space for others effectively
- Advanced Presence: key qualities to be unconditionally present with clients
- Boundaries and establishing healthy client-reader relationships

### **DOING HEALING WORK WITH CLIENTS, Part 2**

- Working with clients' parts/subpersonalities (psychosynthesis theory & practice)
- The 9 Chakra Sweep: learning a technique to release/shift negative patterns, beliefs, and frozen emotions in clients' energy systems

## **IDENTIFYING & ATTRACTING YOUR SOULMATE CLIENTS**

- Establishing standards for clients
- Identifying your “niche” (or zone of genius)
- Important forms to work with clients: intake form, disclaimer form, services policy form
- Visibility strategies to grow your business

## **PROGRAM CLOSURE**

- Coming full circle; final reflections
- Expanded possibilities for working with the Records