

Akashic Records Practitioner Certification Program

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FUNDAMENTALS TRACK

Week 1: ORIENTATION

- Setting powerful intentions & commitments for the program
- Overview of program standards
- Overview of certification process to become an Akashic Records Practitioner

Week 2: CREATING SAFETY & GROUNDING

- Our mantra: creating safety to receive
- Practices to create safety at the nervous system and somatic levels
- Learning to ground yourself *before* going into the Akashic Field
- Clearing & opening your third eye

Week 3: FOUNDATIONS IN THE AKASHIC RECORDS, Part 1

- Akashic Records origins, definitions & recent research
- The 4 Akashic Records principles that will guide your work
- Meeting the Record Keepers

Week 4: FOUNDATIONS IN THE AKASHIC RECORDS, Part 2

- Akashic Prayers: Portal & Closing
- Your first 3 openings of the Akashic Records (within this program)
- Upgrading your energy system
- Ego mind interference patterns; how to tell the difference between your ego & the Records
- Surrender & trust in the Akashic experience

Week 5: GROUP SHARE - FIRST 3 OPENINGS

- Time to share how your first 3 openings went (and hear others' experiences in the Records)
- Time to ask questions about your Akashic journeys so far
- Guided meditation for healing and energetic release of old, stuck patterns

Week 6: FORMULATING POWERFUL QUESTIONS

- How to phrase illuminating questions to unlock healing & growth
- Pitfalls in formulating questions for the Records (and how to avoid them)
- Exercise to practice how to formulate your own questions, and how to assist clients formulate (or refine) their questions

Week 7: FINE-TUNING YOUR INTUITION TO RECEIVE ACCURATE INFORMATION

- The 5 Clairs: opening all of your intuitive channels

- What role do “altered states” of consciousness play in Akashic journeying?
- Developing your own Akashic Records lexicon
- 4 additional pathways into the Akashic Records

Week 8: GROUP SHARE – ADDITIONAL PATHWAYS INTO THE RECORDS

- Time to share your experiences going into the Records through our 4 additional pathways
- Time for reflection & to hear others’ experiences
- Q&A on content covered so far in the program

Week 9: READING FOR CLIENTS, Part 1

- Ethical considerations in reading for others
- 7 key attitudes to successfully read for others
- Guidelines for opening clients’ Records

Week 10: READING FOR CLIENTS, Part 2

- Learning & practicing the Akashic Records Healing Protocol

Week 11: READING FOR CLIENTS, Part 3

- Helping clients phrase powerful questions (more experiential practice!)
- How to deal with clients’ health issues

Week 12: ENERGY PROTECTION FOR HEALERS

- Managing your energy as an Akashic Records practitioner/healer
- The 9 Chakra Sweep: learning a technique to release/shift negative patterns, beliefs, and frozen emotions (for yourself and your clients)
- Shielding, mirroring, and energetic protection techniques

Week 13: PAST LIVES, Part 1

- Dealing with past lives & past life PTSD
- Learning & practicing the Past Life Healing Protocol
- How to deal with clients’ past life trauma

Week 14: PAST LIVES, Part 2

- Getting specific details when giving a past life reading
- Ways of receiving past life information
- Exercise to connect to one of your most relevant past lives influencing your current lifetime

Week 15: PAST LIVES, Part 3 & FUTURE VISIONING THROUGH THE RECORDS

- Meeting past life allies through the Records
- Meeting future-self versions of you through the Records (advanced manifestation technique)
- Aligning yourself with the version of you that’s already healed

Week 15 extra meeting (Friday): closure of Fundamentals track

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ADVANCED MASTERY TRACK (everything in FUNDAMENTALS plus below)

Week 16: SOUL CONTRACTS, Part 1

- Key differences between past life contracts/vows, unconscious agreements & soul-level agreements
- How contracts show up in the body and energy field
- Gaining awareness of your unconscious, past life, or outdated contracts/vows

Week 17: SOUL CONTRACTS, Part 2

- Learning & practicing protocol to revoke outdated contracts & vows through the Records
- Learning & practicing how to create new, intentional contracts through the Records

Week 18: DOING SHADOW WORK THROUGH THE RECORDS, Part 1

- Identifying clients' primary & secondary shadow archetypes
- Shadows & ego patterns that get triggered in doing spiritual or healing work
- Healing "unconscious healer" patterns in yourself

Week 19: DOING SHADOW WORK THROUGH THE RECORDS, Part 2

- Working with (and through) self-sabotage
- Learning & practicing my four-step shadow work method

Week 20: WAYS OF DELIVERING CLIENT READINGS

- Conscious pause & reflection on where you are
- Delivery options for client readings (in person, phone, Zoom, etc)
- Tips for doing group Akashic Record readings

Week 21: ANCESTRAL & FAMILY HEALING

- Family lineage healing
- Healing the root chakra & releasing outdated tribal alliances
- Identifying & revoking ancestral contracts

Week 22: DOING HEALING WORK WITH CLIENTS, Part 1

- Holding space for others effectively
- Advanced Presence: key qualities to be unconditionally present with clients
- Boundaries and establishing healthy client-reader relationships

Week 23: DOING HEALING WORK WITH CLIENTS, Part 2

- Working with clients' parts/subpersonalities (psychosynthesis theory & practice)
- Exercise to meet and heal one of your own unconscious parts

Week 24: EXPANDING YOUR HEALING BUSINESS, Part 1

- Establishing standards for clients
- Establishing YOUR Divine Standards (for yourself and your healing work)

- Important forms to work with clients: intake form, disclaimer form, services policy form

Week 25: EXPANDING YOUR HEALING BUSINESS, Part 2

- Working through blocks to getting your work out in the world
- Visibility strategies to grow your business

Week 26: EXPANDING YOUR HEALING BUSINESS, Part 3

- Pricing your services with integrity and honoring your true value
- Expanding your “container” and capacity to receive (abundance, clients, biz opportunities, etc)

Week 27: EXPANDING YOUR HEALING BUSINESS, Part 4

- Discovering your unique, distinctive purpose as a healer
- Discovering the Akashic Records’ role in your ongoing healing work
- Understanding your clients’ “arc of transformation”

Week 28: PROGRAM CLOSURE

- Coming full circle; final reflections & takeaways
- Mastery track closure